



The Special Supplemental Nutrition Program for Women, Infants and Children (WIC), funded by the United States Department of Agriculture (USDA), is a supplemental nutrition program focused on healthy eating for moms, babies and kids.

FOOD. EDUCATION. SUPPORT. YOU GOT THIS.

We're here to support your family with:



Healthy Food



Breastfeeding
Support



Nutrition Education



Referrals

ALL CAREGIVERS ARE WELCOME.

If you're pregnant, a caregiver, or a mom with child under 5, you can get support for you and your family.

We offer support for:

- ✓ Moms
- ✓ Dads
- ✓ Pregnant Women
- ✓ Grandparents
- ✓ Step-parents
- ✓ Guardians
- ✓ Foster parents

Those that are part of foster care, medical assistance or SNAP are eligible.
Caregivers with low to medium income are also eligible.

WIC Income Eligibility Guidelines (Gross Income) Effective July 1, 2022 to June 30, 2023

Family Size	1 Person	2 People	3 People	4 People	5 People	6 People
Annual	\$25,142	\$33,874	\$42,606	\$51,338	\$60,070	\$68,802
Monthly	\$2,096	\$2,823	\$3,551	\$4,279	\$5,006	\$5,734
Twice-Monthly	\$1,048	\$1,412	\$1,776	\$2,140	\$2,503	\$2,867
Bi- Weekly	\$967	\$1,303	\$1,639	\$1,975	\$2,311	\$2,647
Weekly	\$484	\$652	\$820	\$988	\$1,156	\$1,324

Contact your local WIC office for more details.



YOU'RE BUSY. WE KNOW. 15 CEDA WIC LOCATIONS IN COOK COUNTY.

ALBANY PARK

2754-58 W. Lawrence Ave.
Chicago, IL 60625
Phone: (773) 878-0578

DES PLAINES

400 O'Connor Dr.
Des Plaines, IL 60016
Phone: (847) 294-1802

HANOVER PARK

1515 E. Lake Street
Hanover Park, IL 60133
Phone: (630) 289-3800

MAYWOOD

411 W. Madison St.
Maywood, IL 60153
Phone: (312) 597-2916

OAK PARK

6026 W. Roosevelt Rd.
Oak Park, IL 60304
Phone: (708) 445-3314

CHICAGO HEIGHTS

209 Glenwood Rd.
Chicago Heights, IL 60411
Phone: (708) 754-4576

DIVERSEY

4622 W. Diversey Ave.
Chicago, IL 60639
Phone: (773) 545-7159

HOWARD

1516 W. Howard St.
Chicago, IL 60626
Phone: (773) 338-7334

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OAK LAWN

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Oak Lawn, IL 60453
Phone: (708) 423-1131

SUMMIT

5818 S. Archer Rd
Summit, IL 60501
Phone: (708) 458-0012

CONTACT US!



(855)WIC-CEDA
(855)942-2332
www.cedaorg.net
wic@cedaorg.net

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877- 8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

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Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. **email:**

program.intake@usda.gov

This institution is an equal opportunity provider. 5/5/2022



El programa especial de nutrición suplemental para Mujeres, Infantes, y Niños, fundado por el Departamento de Agricultura de los Estados Unidos (USDA), es un programa de nutrición suplemental enfocado en la alimentación saludable para madres, bebés y niños.

COMIDA, EDUCACIÓN, APOYO. USTED PUEDE!

Estamos aquí para apoyar a su familia con:



Comida saludable



Apoyo a la Lactancia Materna



Educación nutricional



Referidos

Todo Cuidador es Bienvenido

Si esta Embarazada, cuidador/guardian o mamá de niño menor de 5 años, ofrecemos apoyo para usted y su familia.

Ofrecemos apoyo para:

- ✓ Madres
- ✓ Padres
- ✓ Mujeres Embarazadas
- ✓ Abuelos
- ✓ Padrastrros
- ✓ Guardian
- ✓ Padre de Crianza

Los que forman parte del cuidado de crianza, asistencia médica o SNAP son elegible. Cuidadores con ingresos bajos o medios también son elegibles.

Pauntas de Elegibilidad del Programa WIC Segun los Ingresos (Vigentes desde el 1 de julio de 2022 a 30 de junio de 2023)

Family Size	1 Person	2 People	3 People	4 People	5 People	6 People
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Weekly	\$484	\$652	\$820	\$988	\$1,156	\$1,324

Contacte su oficina local de WIC para mas información.



ESTA OCUPADO? LO SABEMOS, HAY 15 OFICINAS DE WIC EN EL CONDADO DE COOK.

ALBANY PARK

2754-58 W. Lawrence Ave. Chicago, IL 60625
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DES PLAINES

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SUMMIT

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LLAMENOS!



(855)WIC-CEDA
(855)942-2332
www.cedaorg.net
wic@cedaorg.net

De acuerdo con la ley federal de derechos civiles y las normas y políticas de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta entidad está prohibida de discriminar por motivos de raza, color, origen nacional, sexo (incluyendo identidad de género y orientación sexual), discapacidad, edad, o represalia o retorsión por actividades previas de derechos civiles.

La información sobre el programa puede estar disponible en otros idiomas que no sean el inglés. Las personas con discapacidades que requieren medios alternos de comunicación para obtener la información del programa (por ejemplo, Braille, letra grande, cinta de audio, lenguaje de señas americano (ASL), etc.) deben comunicarse con la agencia local o estatal responsable de administrar el programa o con el Centro TARGET del USDA al (202) 720-2600 (voz y TTY) o comuníquese con el USDA a través del Servicio Federal de Retransmisión al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe llenar un formulario AD-3027, formulario de queja por discriminación en el programa del USDA, el cual puede obtenerse en línea en: <https://www.fns.usda.gov/sites/default/files/resource-files/usdaprogram-discrimination-complaint-form-spanish.pdf>, de cualquier oficina de USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida a USDA. La carta debe contener el nombre del demandante, la dirección, el número de teléfono y una descripción escrita de la acción discriminatoria alegada con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR) sobre la naturaleza y fecha de una presunta violación de derechos civiles. El formulario AD-3027 completado o la carta debe presentarse a USDA por:

(1) **correo:**

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

(2) **fax:**

(833) 256-1665 or (202) 690-7442; or

(3) **correo electrónico:**

program.intake@usda.gov

Esta entidad es un proveedor que brinda igualdad de oportunidades. 5/5/2022



Specjalny program żywieniowy dla kobiet, niemowląt i dzieci (WIC), finansowany przez Departament Rolnictwa Stanów Zjednoczonych (USDA), jest dodatkowym programem żywieniowym ukierunkowanym na zdrowe odżywianie matek, niemowląt i dzieci.

JEDZENIE. EDUKACJA. WSPARCIE. MASZ TO.

Jesteśmy tutaj, aby wspierać twoją rodzinę :



Zdrowe jedzenie



Pomoc w karmieniu
piersią



Edukacja
żywieniowa



Skierowania

Wszyscy opiekunowie są zaproszeni.

Jeśli jesteś w ciąży, opiekunka lub mama z dzieckiem poniżej 5 lat, możesz uzyskać wsparcie dla siebie i swojej rodziny.

OFERUJEMY WSPARCIE DLA:

- ✓ Mamy
- ✓ Taty
- ✓ Kobiety w ciąży
- ✓ Dziadkowie
- ✓ Przybrani rodzice
- ✓ Opiekun
- ✓ Rodzice zastępczy

Kwalifikują się te, które są częścią opieki zastępczej, pomocy medycznej lub SNAP. Kwalifikują się również opiekunowie o niskich lub średnich dochodach.

Wazne (01 lipca 2022 do 30 czerwca 2023) WIC Kryteria (Przed Podatkami)

Family Size	1 Person	2 People	3 People	4 People	5 People	6 People
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Aby uzyskać więcej informacji, skontaktuj się z lokalnym biurem WIC.



JESTEŚ ZAJĘTY. WIEMY. 15 LOKALIZACJE WIC CEDA W COOK COUNTY.

ALBANY PARK

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SKONTAKTUJ SIĘ Z NAMI!



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3. **email:**

program.intake@usda.gov

This institution is an equal opportunity provider. 5/5/2022

نركز على الغذاء / التعليم / الدعم

نحن هنا ندعم الاسرة بالآتي :



الطعام الصحي



الرضاعة الطبيعية



الثقافة الغذائية



واحالة لبرامج
المساعدات المختلفة

نرحب بكل مقدمون الرعاية
فإذا كنت حامل او مقدمة رعاية اوام لطفل اقل من خمس سنوات فنحن نقدم الدعم لك وللأسرة
نقدم الدعم الى الآتي

- ✓ الام
- ✓ الاجداد
- ✓ المتبنين الاطفال
- ✓ الاب
- ✓ الحوامل
- ✓ زوج الام او زوجة الاب

وكل متبنين الاطفال او ذوى الدخل المتوسط الى المنخفض او الحاصل على العلاج الطبى (ميدكاد) او كارت المساعدات التغذوية التعويضية (السناب) SNAP

أرشادات الدخل الاجمالى الفعال للأسرة من تاريخ ٢٠٢١/٧/١ حتى ٢٠٢٢/٦/٣٠

إجمالي الدخل) اعتبارًا من 1 يوليو 2022 إلى 30 يونيو 2023) WIC إرشادات الأهلية للدخل

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اتصل على مكتب الويك التابع لك للحصول على المزيد من التفاصيل



نحن نعلم أنك مشغول فالدينا عشرون مكتب الويك في مناطق مختلفة لكووك كونتي
(Cook County)

ALBANY PARK

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यूनाइटेड स्टेट्स डिपार्टमेंट ऑफ एग्रीकल्चर (यूएसडीए) द्वारा वित्त पोषित महिलाओं, शिशुओं और बच्चों (डब्ल्यूआईसी) के लिए विशेष पूरक पोषण कार्यक्रम, माताओं, शिशुओं और बच्चों के लिए स्वस्थ भोजन पर केंद्रित एक पूरक पोषण कार्यक्रम है।

खाना। शिक्षा। समर्थन। आपको यह मिला

हम यहां आपके परिवार के साथ समर्थन करने के लिए हैं



स्वस्थ आहार



स्तनपान सहायता



पोषण शिक्षा



रेफरल

सभी वाहक आपका स्वागत है

यदि आप गर्भवती हैं, तो एक देखभालकर्ता, या 5 वर्ष से कम उम्र के बच्चे के साथ एक माँ, आपको और आपके परिवार के लिए समर्थन मिल सकता है।

हम इसके लिए समर्थन प्रदान करते हैं:

- ✓ माताओं
- ✓ पिता
- ✓ गर्भवती महिला
- ✓ दादा दादी

- ✓ सौतेले माता या पिता
- ✓ रखवालों
- ✓ पालक माता - पिता

जो पालक देखभाल, चिकित्सा सहायता या एसएनएपी का हिस्सा हैं वे पात्र हैं निम्न से मध्यम आय वाले देखभालकर्ता भी पात्र हैं।

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अधिक जानकारी के लिए अपने स्थानीय WIC कार्यालय से संपर्क करें



YOU'RE BUSY. WE KNOW. 15 CEDA WIC LOCATIONS IN COOK COUNTY.

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CHICAGO HEIGHTS

209 Glenwood Rd.
Chicago Heights, IL 60411
Phone: (708) 754-4576

DIVERSEY

4622 W. Diversey Ave.
Chicago, IL 60639
Phone: (773) 545-7159

HOWARD

1516 W. Howard St.
Chicago, IL 60626
Phone: (773) 338-7334

MORTON GROVE

6421 Dempster St.
Morton Grove, IL 60053
Phone: (224) 534-7433

ROLLING MEADOWS

Eastpark Apartments Office
Building, 1st Floor
2272 Algonquin Pkwy.
Rolling Meadows, IL 60008
Phone: (847) 670-6980

BLUE ISLAND

12940 S. Western Ave.
(entrance off High Street)
Blue Island, IL 60406
Phone: (708) 371-5728

HARVEY

53 E. 154th St.
Harvey, IL 60426
Phone: (708) 339-3614

IRVING PARK

3948 N. Lowell Ave.
Chicago, IL 60641
Phone: (773) 685-1507

OAK LAWN

5535 W. 87th St.
Oak Lawn, IL 60453
Phone: (708) 423-1131

SUMMIT

5818 S. Archer Rd
Summit, IL 60501
Phone: (708) 458-0012

CONTACT US!



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U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. **email:**

program.intake@usda.gov

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