



The Special Supplemental Nutrition Program for Women, Infants and Children (WIC), funded by the United States Department of Agriculture (USDA), is a supplemental nutrition program focused on healthy eating for moms, babies and kids.

## FOOD. EDUCATION. SUPPORT. YOU GOT THIS.

We're here to support your family with:



Healthy Food



Breastfeeding Support



Nutrition Education



Referrals

## ALL CAREGIVERS ARE WELCOME.

*If you're pregnant, a caregiver, or a mom with child under 5, you can get support for you and your family.*

We offer support for:

- ✓ Moms
- ✓ Dads
- ✓ Pregnant Women
- ✓ Grandparents
- ✓ Step-parents
- ✓ Guardians
- ✓ Foster parents

Those that are part of foster care, medical assistance or SNAP are eligible. Caregivers with low to medium income are also eligible.

### WIC Income Eligibility Guidelines (Gross Income) Effective July 1, 2022 to June 30, 2023

Family Size	1 Person	2 People	3 People	4 People	5 People	6 People
Annual	\$25,142	\$33,874	\$42,606	\$51,338	\$60,070	\$68,802
Monthly	\$2,096	\$2,823	\$3,551	\$4,279	\$5,006	\$5,734
Twice-Monthly	\$1,048	\$1,412	\$1,776	\$2,140	\$2,503	\$2,867
Bi- Weekly	\$967	\$1,303	\$1,639	\$1,975	\$2,311	\$2,647
Weekly	\$484	\$652	\$820	\$988	\$1,156	\$1,324

Contact your local WIC office for more details.



## YOU'RE BUSY. WE KNOW. 15 CEDA WIC LOCATIONS IN COOK COUNTY.

### ALBANY PARK

2754-58 W. Lawrence Ave.  
Chicago, IL 60625  
Phone: (773) 878-0578

### DES PLAINES

400 O'Connor Dr.  
Des Plaines, IL 60016  
Phone: (847) 294-1802

### HANOVER PARK

1515 E. Lake Street  
Hanover Park, IL 60133  
Phone: (630) 289-3800

### MAYWOOD

411 W. Madison St.  
Maywood, IL 60153  
Phone: (312) 597-2916

### OAK PARK

6026 W. Roosevelt Rd.  
Oak Park, IL 60304  
Phone: (708) 445-3314

### CHICAGO HEIGHTS

209 Glenwood Rd.  
Chicago Heights, IL 60411  
Phone: (708) 754-4576

### DIVERSEY

4622 W. Diversey Ave.  
Chicago, IL 60639  
Phone: (773) 545-7159

### HOWARD

1516 W. Howard St.  
Chicago, IL 60626  
Phone: (773) 338-7334

### MORTON GROVE

6421 Dempster St.  
Morton Grove, IL 60053  
Phone: (224) 534-7433

### ROLLING MEADOWS

Eastpark Apartments Office  
Building, 1st Floor  
2272 Algonquin Pkwy.  
Rolling Meadows, IL 60008  
Phone: (847) 670-6980

### BLUE ISLAND

12940 S. Western Ave.  
(entrance off High Street)  
Blue Island, IL 60406  
Phone: (708) 371-5728

### HARVEY

53 E. 154th St.  
Harvey, IL 60426  
Phone: (708) 339-3614

### IRVING PARK

3948 N. Lowell Ave.  
Chicago, IL 60641  
Phone: (773) 685-1507

### OAK LAWN

5535 W. 87th St.  
Oak Lawn, IL 60453  
Phone: (708) 423-1131

### SUMMIT

5818 S. Archer Rd  
Summit, IL 60501  
Phone: (708) 458-0012

## CONTACT US!



Monday - Friday; 8:00 am - 4:30 pm

Ask about our Saturday hours!

Walk ins welcome!



(855)WIC-CEDA

(855)942-2332

[www.cedaorg.net](http://www.cedaorg.net)

[wic@cedaorg.net](mailto:wic@cedaorg.net)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877- 8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. **email:**

[program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider. 5/5/2022